

Date: _____

Dear _____:

Dear Patient

You have now completed your treatment for small cell lung cancer at the cancer centre. Your follow-up care will be provided by your family physician/nurse practitioner.

It is your responsibility to book your follow-up appointments with your family physician/nurse practitioner. Your primary care provider will be provided with follow-up information.

We recommend the following care for you:

- Make an appointment with your family physician/nurse practitioner for a physical exam and to monitor symptoms:
 - once every three months for the first three years after treatment
 - once every six months for years four and five after treatment
 - once a year after five years
- Have a CT scan:
 - once every three months in the first year after treatment
 - once every four months in the second year after treatment
 - once every six months in the third year after treatment
 - once a year for years four and five after treatment

After five years, CT scans will be decided by your family physician/nurse practitioner.

If you have any of the following symptoms, contact your family physician/nurse practitioner immediately:

- a cough that gets worse
- shortness of breath
- bone pain
- weight loss that is unexplained
- any other symptoms that are unexplained

If you are currently smoking, we strongly encourage you to quit. If you would like help to quit smoking, or if you need other supportive care services or access to any other resources, please contact the Psychosocial Oncology department:

- Allan Blair Cancer Centre: 306-766-2213
- Saskatoon Cancer Centre: 306-655-2662

Guidelines for small cell lung cancer follow-up care are available on the Saskatchewan Cancer Agency website at www.saskcancer.ca (in the Health Professionals-Clinical Resources section)

Although you have been discharged from follow-up care at the cancer centre, your family doctor or nurse practitioner can refer you back to the Cancer Agency if you need care in the future.

Sincerely,

Dr. _____