

Upper Digestive Cancer

Upper digestive cancers includes cancers of the **pancreas, stomach, esophagus, gallbladder, and bile ducts**. These organs help us process food and nutrients.



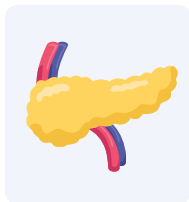
Esophagus

A tube that connects the throat to the stomach, helping food reach the stomach.



Stomach

A muscular organ that breaks down food using digestive juices.



Pancreas

A gland located behind the stomach that helps digest food and controls blood sugar.



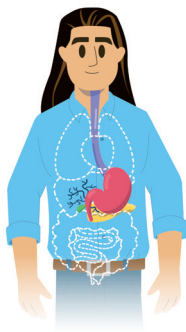
Gallbladder

A small organ beneath the liver that stores bile, a fluid that helps digest fats.



Bile ducts

Small tubes that carry bile from the liver and gallbladder to the intestines.



Common Symptoms of Upper Digestive Cancer

- **Difficulty swallowing**
(food getting stuck in your throat or chest)
- **Unexplained weight loss**
(losing weight without trying)
- **Persistent abdominal pain**
(persistent or worsening pain in your stomach area)
- **Unexplained fatigue**
(feeling very tired all the time with no obvious reason)
- **Nausea or vomiting**
(feeling sick or throwing up)
- **Yellowing of the skin and eyes** (*jaundice, which may indicate a problem with the liver or gallbladder*)
- **Dark urine** or **light-colored stools**
- **Loss of appetite**
(not feeling hungry)
- **Worsening heartburn** or **indigestion** despite taking medication that doesn't go away

If You or Someone You Know is Experiencing Symptoms:

- **Visit** a healthcare provider as soon as possible.
- **Write down your symptoms** and how long you've had them.
- **Bring a family member or friend** to help ask questions and remember advice.
- **Ask about further tests** if needed.



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