

Date: \_\_\_\_\_

Dear \_\_\_\_\_:

Dear Patient

You have now completed your treatment for kidney cancer, for which surgery was performed by your urologist. You currently do not require any additional treatment.

Your follow-up care will be provided by your family physician/nurse practitioner. Information about your care will be sent to your family physician/nurse practitioner.

We recommend the following care for you:

- Regular checkups every three months for the first three years.
- Annual (once a year) checkups starting on the 4<sup>th</sup> year after surgery until the 10<sup>th</sup> year.
- CT scan of your chest and abdomen every three to six months for the first three years following your surgery.
- CT scan of your chest and abdomen once a year for years four and five.
- Other tests such as blood tests, bone scans and a CT of your chest or head as needed.

If you develop any of the following symptoms, please contact your family physician/nurse practitioner immediately. These may be related to your surgery and/or treatment you received.

- Pain or swelling of your tummy, ureter or loins
- Blood in your urine (pee)
- New and persistent (continued) bone pain
- Persistent (continued) cough or coughing up blood
- Unintentional weight loss

We encourage you to have a healthy lifestyle, which includes a healthy diet, exercise and avoiding smoking or excessive alcohol consumption. If you would like help to quit smoking, or if you need other supportive care services or access to any other resources, please contact the Psychosocial Oncology department:

- Allan Blair Cancer Centre: 306-766-2213
- Saskatoon Cancer Centre: 306-655-2662

Guidelines for localized renal cancer following surgery or local therapy follow-up care are available on the Saskatchewan Cancer Agency website at [www.saskcancer.ca](http://www.saskcancer.ca) (in the Health Professionals-Clinical Resources section).

Although you have been discharged from follow-up care at the cancer centre, your family doctor or nurse practitioner can refer you back to the Cancer Agency if you need care in the future.

Sincerely,

Dr. \_\_\_\_\_